

**EXHIBIT 1
FORM OF TRANSFER NOTICE**

CIASA
PO Box 10376
Grand Cayman
KY1-1004

[Insert Date]

Dear Secretary

Swimmer Transfer Notice

We hereby inform CIASA that [insert name of swimmer] has:

1. Completed a membership form for [insert name of new swim club];
2. Joined our club on [insert date]; and
3. Ceased to be a member of [insert old swim club name].

[We have also included [a cheque][cash] in respect of the CIASA membership fee for the above-referenced swimmer.]

Yours faithfully

For and on behalf of
[Insert new swim club name]